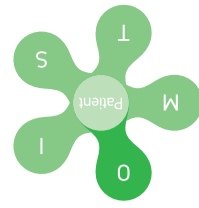


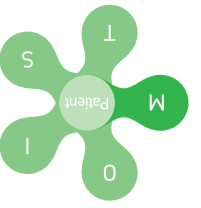
Treatment options include
Antiseptics, medicinal honey, Dialkylcarbomoyl chloride (DACCl)-coated dressings, PHMB, iodine, silver dressings.

Infection is an ever-present risk and serious potential complication of chronic wounds. It causes patients additional pain and discomfort, can delay wound healing and lead to hospital readmission. It is important to be able to recognise the signs of early wound infection and early intervention may stop problems from escalating. It is important to reduce the level of bioburden within the wound. Many pathogens, including multi-resistant strains can be managed using topical antiseptics or antimicrobial dressings.



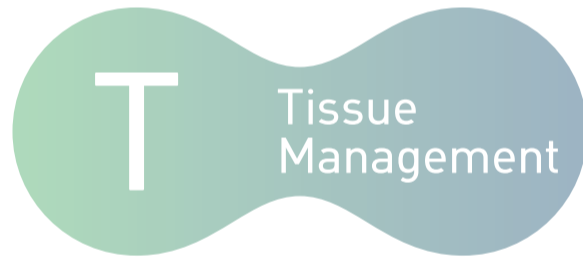
Treatment options include
Haemoglobin spray, hyperbaric or normobaric oxygenation.

It is recognised that oxygen aids the body's metabolic processes, including the complex process of wound healing. Oxygen deficiency can have a negative impact on chronic wounds. Restoring oxygen is a critical element to support all phases of healing.



Treatment options include
Wound gels to add moisture. Alginates, gelling fibers, foams and superabsorbers are designed to absorb and retain exudate, preventing maceration.

A wound that is too dry or too wet can prevent healing. Therefore it is important moisture balance is adjusted to create an optimal level of moisture within the wound bed. There are a number of wound dressings which can support optimal moisture balance in the wound bed.



When chronic wounds do not heal as expected despite appropriate care, strategies which can restore the chemical imbalance within the wound bed may be required to restore healing.

Sloughy and necrotic tissue are physical impediments to wound healing. A healthy wound bed is essential to support the wound healing process. Cleansing and preparing the wound bed by removing dead cells and tissue can be achieved through different types of debridement.

Specialised dressings or physical therapies like negative pressure wound therapy, electrical stimulation or ultrasound can help with formation of granulation tissue.

A range of therapeutic and treatment choices are available to stimulate healing

Products which can control and bind harmful MMPs, optimise pH conditions, protect growth factors, control pro-inflammatory mediators, collagen dressings.

Treatment options include

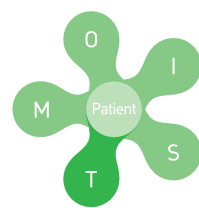
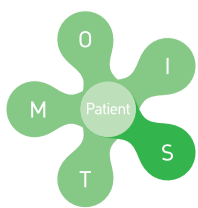
Cleansing the wound with normal saline (9%), Ringer's solution, preserved solution, hypochlorous solution (Granudacyn®), antiseptic solutions.

Debridement techniques include autolytic (gels, gelling fibres), biosurgical, sharp debridement, surgical and mechanical methods.



Learn M.O.I.S.T. Improve Wound Care

An educational model to help healthcare practitioners feel confident in making well-balanced, independent decisions in the topical treatment of chronic wounds, as well as improving the care that their patients receive.



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Chronic Wound
Education Platform

Learn about M.O.I.S.T.

For the treatment and management of chronic wounds

M.O.I.S.T. provides best practice principles for healthcare practitioners to feel more confident in the treatments they choose. M.O.I.S.T. is applied after thorough patient assessment and in conjunction with supporting therapies.

It was developed independently by leading wound care researchers and practitioners at Wund-DACH (the umbrella organisation of German-speaking wound healing societies). Extending beyond the well-established

TIME wound assessment protocol, it introduces two important contributing factors: **restoring oxygen balance** and **supporting the wound bed**.

All factors together form a memorable acronym related to wound care: M.O.I.S.T.

They are not intended as sequential steps and therefore can be considered in the order the healthcare practitioner decides most appropriate.



For more information, scan the QR code or visit:
www.molnlycke.com/education/wound-areas/moist/

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