











## Donning guide: Surgical mask with ear-loop

- A. Put your fingers through the ear-loops. The nose clip should be positioned at the top. Place the mask over your nose and mouth
- B. Position the ear-loops around the ears. Pull the mask from the top and bottom to fully unfold the pleats of the surgical mask. This will provide maximum coverage of the face and minimise the layers you have to breathe through
- C. Form the nose clip over the bridge of the nose to minimise air leakage
- D. Ears and hair should be covered with an appropriate choice of headwear to minimise spread of hair and other particles. If there is a risk of fluid splashes ensure that you select a four layer splash resistant surgical mask. Change surgical mask when contaminated as well as between operations
- E. Dispose the surgical mask after use

